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## Knowledge and Attitude regarding Global Warming Phenomenon among Assiut University Students

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### Abstract

**Background:** Global warming is one of the most serious environmental problems of 21<sup>st</sup> century. The phenomena not only affect human health but also plants, animals, as well as economy and unfortunately some adverse consequences of it, are becoming visible these days. **Aim:** To assess knowledge and attitude regarding global warming among Assiut University Students. **Subjects and methods:** A descriptive cross-sectional research design used. This study was carried out on four randomly selected faculties two of them practical and the others two were theoretical. A convenient sample of 1300 students included. Three tools were used the socioeconomic scale, a modified Environmental Issue Questionnaire to assess students' knowledge and a modified Likert's scale to assess students' attitude regarding global warming. **Results:** The study found that nearly two-thirds of the studied students were in age group of 20 years and more. Also, about half of the studied students had poor knowledge toward global warming and the majority of them had a positive attitude toward the same subject. **Conclusion:** A significant gap in students' knowledge which needs to be addressed for a better solution to contribute the global warming phenomenon. **Recommendations:** Integrating environmental concepts into the curriculums for all students from elementary school to university level to increase their environmental awareness about global warming phenomenon.

**Key Words:** *Global warming, Knowledge, Attitude, University Students.*

### Introduction

People often not clearly understand the links between the environment and human health. The environment plays a vital role in people's physical, mental and social well-being. It can affect human health in many ways. Some of these effects are immediate and observable, such as drinking contaminated water by sewage and flood water after a hurricane which occurs as a result of global warming (DeMarco & Harkness 2016).

Global warming is the effect of increasing average temperature of the earth and Oceans due to the increased greenhouse gases mainly carbon dioxide, nitrous oxide, methane, chlorofluorocarbons and ozone that produced from human activities, such as burning of fossil fuel (coal, oil, and natural gas) in vehicles, create electricity, deforestation and various agricultural and industrial practices (Rosidin & Suyatna 2017 & El-Nagar et al., 2017).

The World Bank described Egypt as particularly vulnerable to global warming effects. Egypt is the fifteenth most populated country in the world and particularly liable to adverse environmental consequences of human-induced climate change. Expected consequences consist of a rise in sea level, water deficiency, agriculture, food insufficiency, and pressures on the health of human and national economy (Saber 2009). The range of projected annual changes and seasonal temperature distribution in Egypt expected by the year 2025 to be (0.5 – 1.0

°C), 2050 as (1.5 – 2.0°C), 2075 as (2.0 – 3.0 °C) and by the year 2100 to be (2.5 – 4.5 °C) (Hegazy 2009). Climate change also, has important consequences for health such as re-emergence of malaria, asthma, malnutrition, heat-related disorders such as heat stress and heat stroke, infectious diseases, including vector-borne diseases and waterborne diseases, such as childhood gastrointestinal diseases and mental health disorders, such as posttraumatic stress disorder and depression, that are associated with natural disasters. (Sah & Belled 2015) & (Patz et al., 2014). Very old and very young people are the most vulnerable groups and tend to have reduced heat-regulating mechanisms. Heat-related deaths in the elderly (65 and more years) are projected to increase approximately 47 deaths per 100,000 by 2080 compared to the estimated baseline about one death per 100,000 annually between 1961 and 1990. The reduction in emissions may be decrease heat-related deaths in the elderly to fewer than 9 deaths per 100,000 in 2080. The poor, the socially isolated, and those already suffering from chronic illness also are likely to be extremely affected by an increase in heat wave frequency and severity (WHO, 2015).

Nurses all over the world should understand the effects of global warming and promote policies and actions which will reduce the process of global warming (Frances & Glaudia 2013). They are in an excellent position to provide guidance in implementing the principles of reducing, reuse,

recycle, recover and re-educate in the workplace. Also, nurses can educate people about the environmentally- friendly behaviors such as turn off electrical devices not in use, hanging the laundry outside to dry, driving a fuel-efficient car, use energy effective light bulbs, walking to work, planting trees and use of public transportation(El-Nagar et al., 2017) & (Hunt 2007).

In the workplace, nurses can teach people to reduce, reuse, and recycle materials to decrease the healthcare impact on the environment. Nurses can also, learn how to promote the safest, most advanced methods of waste disposal, never only burning, which is a polluting and harmful method of waste disposal (Afzal, 2007).

The current study involved male and female undergraduate "university students" aged approximately 17 till 26 year, university students represent a major pool of population also, this is the age of Egyptian students' attainment of university grades (Khalaf, 2012). Knowledge is fact or condition of knowing something with familiarity gained through experience or association. Attitudes are acquired characteristics of an individual. Attitude includes three components: (a) A cognitive or knowledge element (b) an affective or feeling element, and (c) a tendency to action. Attitude has been defined as a relatively enduring organization of beliefs around an object, subject, or concept which predisposes one to respond in some preferential manner (Raina , 2013).

### Significance of the study

Egypt faces serious environmental challenges that can no longer be ignored. Steps must be taken to address this situation, without aggressive and comprehensive corrective measures the situation will deteriorate further. Cairo is considered as one of the most polluted cities on the Earth as well as one of the fastest growing (Fouad 2014).

Additionally, during a practical training at Assiut University Hospitals(Outpatients clinics), we have found a huge number of patients complain from symptoms and signs related to global warming and its effects such as heat stroke so; this study is suggested to increase students' knowledge about this phenomenon.

### Aim of the study

To assess knowledge and attitude of University' students regarding global warming phenomenon.

### Research question

- Are the students have a good level of knowledge regarding global warming phenomenon.
- 2-Are the students have a positive attitude regarding global warming.

## Subjects and Methods

### Research design

A descriptive cross-sectional research design was used in this study.

### Setting

This study was conducted at four randomly selected faculties at Assiut University, two practical faculties called Faculty of Agriculture & Faculty of Science also, two theoretical faculties called Faculty of Commercial & Faculty of Law during the academic year 2016-2017.

### Target population

The study involved male and female undergraduate "university students" within age group from 17 to 26 years. This is the age of Egyptian students' attainment of university grades (Khalaf, 2012).

### Sampling

A simple random sampling technique was used in this study.

Assiut University includes from (18) faculties divided into (12) practical colleges and (6) theoretical colleges. This study was conducted at (4) faculties which selected randomly. A convenient sample of 1300 students participated in this study. All grades (first, second, third and fourth grade) were included the study, the researcher enters the available lecture and only the student who available and accept to participate in the study included.

### Sample size

The total numbers of students in the selected faculties were 31149 students, by using software EPI /Info, version 3,3 with 99.9% confidence interval (CI), the final estimated sample size was 1047 students. To compensate the dropouts, 20% was added to the sample size; the final sample size was 1300 students; due to the number of students at theoretical faculties more than practical, the sample will be divided as (60%, 784 students) from theoretical colleges and (40%, 520 students) from the practical faculties It was divided as the following:

Faculty	Number of students	Sample size
Faculty of Commercial	14195	390
Faculty of Law	13596	390
Faculty of Science	2364	260
Faculty of Agriculture	994	260
<b>Total</b>	<b>31149</b>	<b>1300</b>

### Tools of the study:

#### Three tools were used in the current study

**Tool I: Socioeconomic scale:** Which developed by (Abd El-Twab, 2012), it included personal characteristics of the students such as; age, sex, residence and academic year ...,etc.

**Tool II: A modified Environmental Issue Questionnaire** developed by (Liarakou et al., 2011) was used to assess students' knowledge about global warming. It included (12) questions such as (factors contributing to climate change, energy resources that cause environmental pollution, effects of the global warming on human, ways of reducing global warming phenomenon, etc).

#### **Scoring system**

The total grades of knowledge equal (34); a grade **one** was given for each correct answer and **zero** was given for an incorrect answer and I don't know. There are more than one answer to some questions. The grades for each item were summed and then converted into a percent score as

**Poor** = score <50 %, **Fair** =50-70% and **Good** = score >70%. (Abd El-Rhman 2014 & Khalaf 2012).

**Tool III: A modified Likert's scale** developed by (Netravathia & Chauhan 2014) to assess students' attitude regarding global warming. It was included 12 statements. The responses were based on a three-point Likert scale (agree, uncertain and disagree). Each item scored (2, 1, 0) respectively, the scoring reversed for negative statements. Total score calculated by summing up and convert into a percent. The respondent's attitude was considered positive if 60% or higher and negative if less than 60% (Ibrahim et al., 2009).

#### **Validity of tools**

To evaluate the sheet validity, it was reviewed by 5 experts in nursing sciences, Assiut University. The necessary modifications and clarifications of some questions were done.

#### **Reliability of tools**

A reliability analysis was carried out in order to examine the internal consistency of its questions. The value of Cronbach's alpha was 0.835 for knowledge, and 0.779 for attitude implying that the instrument was consistent and reliable in achieving the study objectives.

#### **Methods**

##### **A. Administrative phase**

Before conducting the study an official approval letter was obtained from the dean of Faculty of Nursing, Assiut University to the vice of University president for students' affairs of Assiut University and the Deans of each selected faculty. The letter included a permission to carry out the study and explained the purpose and the nature of the study.

##### **Pilot Study**

A pilot study was carried out before starting data collection on (20) students were not included in the total sample of the research work. The aims of pilot study to test clarity, feasibility and consistency of the tools.

#### **Data collection Phase**

##### **Ethical consideration**

The researcher followed all the ethical issues in conducting the research. Consent was secured orally from the participants who were willing to participate in the study. The participants were informed that participation in this study is voluntary; they can withdraw at any time during the study without giving reasons. The researchers have explained the aim of the study to all university students in the study sample. They reassured that any obtained information would be strictly confidential.

##### **Field work**

- Data were collected during the period from the first of October to the middle of December 2016. The average time taken for completing questionnaires was around 20-25 minutes.

##### **Statistical analysis**

- The data obtained were reviewed, prepared for computer entry, coded, analyzed and tabulated. Descriptive statistics (i.e., frequencies, percentage, mean and standard deviation) were done by using Statistical Package for Social Science (SPSS) software (version 20).
- Chi-square test and Pearson's correlation used to see associations among different variables. It is considered significant when P-values were less than 0.05 ( $P < 0.05$ ).

## Results

Table (1): distribution of the students regarding to their Socio-demographic characteristics (n= 1300).

Characteristics	No. (n= 1300)	%
<b>Age</b>		
< 20	468	36.0
≥ 20	832	64.0
Mean ± SD (Range)	20.08 ± 1.34 (17.0 – 25.0)	
<b>Academic year</b>		
1 <sup>st</sup> year	356	27.4
2 <sup>nd</sup> year	282	21.7
3 <sup>rd</sup> year	345	26.5
4 <sup>th</sup> year	317	24.4
<b>Sex</b>		
Male	697	53.6
Female	603	46.4
<b>Residence</b>		
Rural	730	56.2
Urban	570	43.8
<b>Socioeconomic level</b>		
Low	230	17.7
Middle	824	63.4
High	246	18.9

Table (2): distribution of the studied students regarding to their knowledge about the factors contributing to climate changes and energy resources, Assiut University 2016-2017, (n= 1300).

Knowledge	No. (n= 1300)	%
<b>Factors contributing to climate changes <sup>(#)</sup></b>		
1. Melting Polar Regions	607	46.7
2. Human activities such as the exhaust fumes of cars	932	71.7
3. Increase in the worldwide average of sea level	415	31.9
4. Deforestation and logging	818	62.9
5. Industrial Pollution	886	68.2
6. Waste of non-renewable energy resources such as natural gas	366	28.2
7. The use of coal and industrial fertilizers	631	48.5
8. Use of solar energy	186	14.3
9. Burning of agricultural wastes	848	65.2
10. Burning of waste materials	862	66.3
11. Don't know	52	4.0
<b>Energy resources that cause environmental pollution</b>		
Coal <sup>(^)</sup>	769	59.2
Oil <sup>(^)</sup>	403	31.0
Natural gas	39	3.0
Solar	11	0.8
Don't know	78	6.0

<sup>(#)</sup> More than one answer was selected.

<sup>(^)</sup> Correct answer.

**Table (3): Distribution of the studied sample regarding to knowledge about the effects of global warming on human health, Assiut University 2016-2017, (n= 1300).**

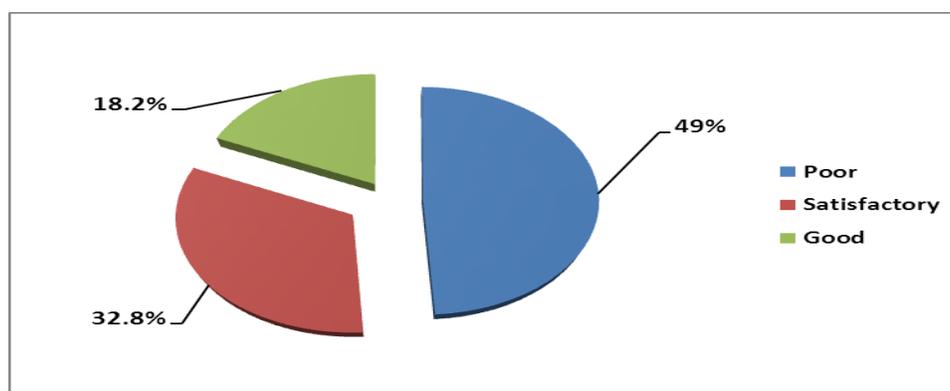
Knowledge	No. (n= 1300)	%
<b>Effects of the global warming on humans health <sup>(#)</sup></b>		
Increase the psychological stress	470	36.2
Malnutrition	194	14.9
Increase the transmission of diseases	494	38.0
Contamination of drinking water	273	21.0
Respiratory problems	619	47.6
Skin burns	449	34.5
Increase the incidence of skin cancers	599	46.1
Don't know	185	14.2

<sup>(#)</sup> More than one answer was selected.

**Table (4): Distribution of the studied sample regarding to knowledge about ways of reducing global warming phenomenon and Sources of alternative energy, Assiut University 2016-2017, n= 1300.**

Knowledge	No. (n= 1300)	%
<b>Ways of reducing global warming phenomenon <sup>(#)</sup></b>		
Decrease electricity consumption	276	21.2
Industrial Security	672	51.7
Traffic security and car maintenance	585	45.0
Use of bikes	635	48.8
Don't know	181	13.9
<b>Sources of alternative energy <sup>(#)</sup></b>		
Sun energy	1051	80.8
Hydraulic power generated by the natural movement of water in the rivers	598	46.0
Wind Energy	799	61.5
Don't know	97	7.5

<sup>(#)</sup> More than one answer was selected.

**Fig. (1): Distribution of studied students according to their total score of knowledge regarding global warming, Assiut university 2016-2017, (n= 1300).**

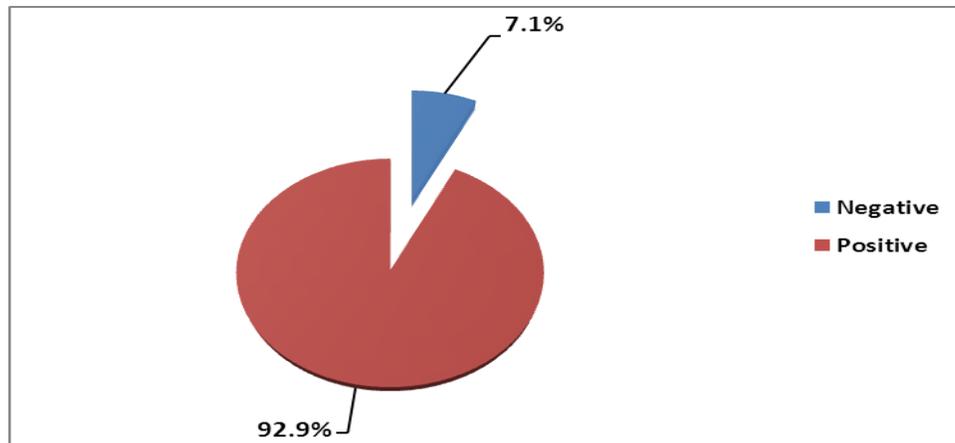


Fig. (2): Distribution of studied students according to their attitude toward global warming, Assiut university 2016-2017, (n= 1300).

Table (5): Relationship between total score of students' knowledge and their Institution & Academic year, Assiut University 2016-2017, (n= 1300).

Characteristics	Score of Knowledge						X2	P-value
	Poor		Satisfactory		Good			
	No.	%	No.	%	No.	%		
<b>Institution</b>								
Faculty of Commerce	159	40.8	144	36.9	87	22.3	54.79	0.000*
Faculty of Law	241	61.8	109	27.9	40	10.3		
Faculty of Agriculture	135	51.9	70	26.9	55	21.2		
Faculty of Science	102	39.2	103	39.6	55	21.2		
<b>Academic year</b>								
1 <sup>st</sup> year	168	47.2	127	35.7	61	17.1	19.71	0.003*
2 <sup>nd</sup> year	152	53.9	87	30.9	43	15.2		
3 <sup>rd</sup> year	187	54.2	103	29.9	55	15.9		
4 <sup>th</sup> year	130	41.0	109	34.4	78	24.6		

\* Statistical significance difference.

Table (6): Relationship between students' attitude toward global warming and their Institution & Academic year, Assiut university 2016-2017, (n= 1300).

Characteristics	Attitude				X2	P-value
	Negative		Positive			
	No.	%	No.	%		
<b>Institution</b>						
Faculty of Commerce	18	4.6	372	95.4	27.13	0.000*
Faculty of Law	26	6.7	364	93.3		
Faculty of Agriculture	37	14.2	223	85.8		
Faculty of Science	11	4.2	249	95.8		
<b>Academic year</b>						
1 <sup>st</sup> year	20	5.6	336	94.4	25.58	0.000*
2 <sup>nd</sup> year	37	13.1	245	86.9		
3 <sup>rd</sup> year	26	7.5	319	92.5		
4 <sup>th</sup> year	9	2.8	308	97.2		

Table (7): Distribution of studied Student according to their Attitude toward global warming, Assiut University 2016-2017, (n= 1300).

Items	Agree		Uncertain		Disagree	
	No.	%	No.	%	No.	%
12. I believe that global warming phenomenon is universal phenomena.	1152	88.6	127	9.8	21	1.6
13. I assume that global warming phenomenon situation has created shortage of food.	567	43.6	643	49.5	90	6.9
14. I feel that a global warming phenomenon is only propaganda.	61	4.7	168	12.9	1071	82.4
15. I feel that a global warming phenomenon has affected human health.	1163	89.5	116	8.9	21	1.6
16. I feel that the study of global warming phenomenon is necessary; due to its influence on the environment.	996	76.6	168	12.9	136	10.5
17. I think that occurrence of climate change has increased soil evaporation rate.	496	38.2	700	53.8	104	8.0
18. I think no need to waste resources on climate change issue.	231	17.8	471	36.2	598	46.0
19. I think climate change phenomena have increased natural calamities.	953	73.3	292	22.5	55	4.2
20. I feel that change in rainfall pattern is mainly due to climate change.	871	67.0	367	28.2	62	4.8
21. I think lack of sensitivity towards climate change creates vulnerability in agriculture.	987	75.9	270	20.8	43	3.3
22. I feel that because of climate change and global warming phenomenon there is need to adopt innovative methods in farming and industry.	1104	84.9	157	12.1	39	3.0
23. I feel that global warming is the natural phenomena so man has nothing to do with it.	251	19.3	234	18.0	815	62.7

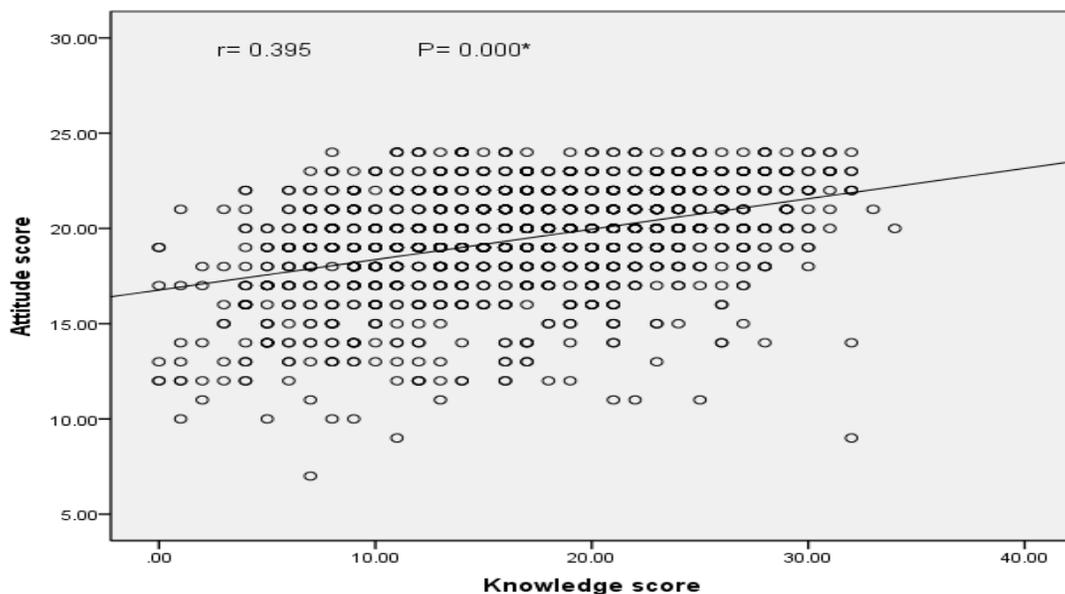


Fig. (3): Correlation between knowledge score and attitude score regarding global warming, Assiut University 2016, No. (n= 1300)

**Table (1):** Shows that nearly two-thirds (64.0%) of students' age 20 years and more. And more than half of them were males and from rural areas.

Also, more than one-quarter of the studied students were represented from 1<sup>st</sup> & 3<sup>rd</sup> academic year (27.4%, 26.5%) respectively. Regarding the socioeconomic level, it was observed that more than three-fifth (63.4%) of students within middle level, 17.7% were low level and 18.9% were at high socioeconomic level.

**Table (2):** Regarding factors contributing to climate changes, the results displayed that 71.7% of the studied sample mentioned Human activities such as the exhaust fumes of cars, followed by 68.2% mentioned industrial pollution, 66.3% burning of waste materials and 65.2% of students mentioned the burning of agricultural wastes as factors contributing to climate changes.

Regarding to energy resources that cause environmental pollution leading to global warming, the results cleared that more than half (59.2%) mentioned coal, and less than one third (31.0%) mentioned oil.

**Table (3):** This table reveals students' knowledge regarding to the global warming effects on humans, it was noticed that 47.6% of the studied students stated respiratory problems, followed by increase the incidence of skin cancer and increase transmission of diseases (46.1% and 38.0% respectively).

**Table (4):** Clears that; more than half (51.7%) of the students mentioned that industrial security considered the main solution to reduce global warming, followed by (48.8%) mentioned that use of bikes as the second way to reduce global warming, and 45.0% of them mentioned that traffic security and cars maintenance are the important ways to reduce this phenomenon. While, the majority of the studied students (80.8%) mentioned that the sun energy is the main source of alternative energy, followed by 61.5% mentioned wind energy.

**Table (5):** Shows that more than one fifth (22.3%) of Commerce students' have good level of knowledge, about two fifths (39.6%) of Science students' have a satisfactory knowledge and more than three-fifth (61.8%) of Law students' have poor knowledge.

On the other hand, the table reveals that more than half (54.2%) of third-year students' have poor knowledge and about one quarter (24.6%) of fourth-year students' have good knowledge. Also, the table indicates that a significant difference between institution and academic year ( $P=0.000$ ,  $P=0.003$  respectively) in relation with students' score of knowledge concerning global warming.

**Table (6):** Presents that vast majority (95.8%) of students at Faculty of Science have positive attitude with regard global warming. Also, It's important to

notice that, there is a statistical significant difference between studied students' attitude and their institution and academic year ( $P=0.000$ ).

**Table (7):** Clears that, the majority of the studied students agreed that global warming affect human health and it's an universal phenomenon (89.5% and 88.6% respectively).

**Fig. (1):** Reveals that about half (49.0%) of the studied students had poor score of knowledge, and about one third (32.8%) of them had fair level of knowledge while only 18.2% of them had good score of knowledge about global warming.

**Fig. (2):** Shows that the majority (92.9%) of studied students had a positive attitude regarding global warming.

**Fig. (3):** This figure indicates a positive correlation between knowledge & attitude score regarding global warming among the studied students  $r = 0.395$  with statistically significance difference  $P=0.000$ .

## Discussion

People, animals, birds, agriculture and habitat affected in many and different ways by global warming (Goel & Bhatt 2012).

The current study findings shown that more than half of the studied students were males. It is may be as a result of the number of male students more than females especially in theoretical colleges. This finding in line with (Aydine, 2010) who studied the secondary school students' perceptions towards global warming: A phenomenographic analysis in Turkey.

The present study disagreed in sex with (Heged et al., 2012) who assessed the awareness of school teachers about global warming in coastal Karnataka in India they reported that the majority of his study' participants were females.

In addition, the study indicated that more than half of students were from rural areas. These outcomes in accordance with (El-Nagar et al., 2017) who reported that about two-third of their students were from rural areas. In contrast (Sah et al., 2015) who reported that near to three-quarter of the study participants were from urban areas.

As regards to students' knowledge regarding factors contributing to climate changes, the current study verified that more than two-thirds of studied student mentioned human activities, followed by industrial pollution. The same finding was found by (Al Buloshi & Ramadan 2015) who reported that the most participants mentioned human activities followed by industrial sector.

Based on the present study, it was found that near half of the students mentioned respiratory problems and only 14.9% mentioned malnutrition as essential properties of global warming effects on human

health. Respiratory problems may occur as a result of fossil fuel burning in vehicles, create electricity and deforestation. Additionally, food and crops will expose to reduce when Earth temperature increase leading to malnutrition.

This finding was similar to (Sah & Belled, 2015) who carried a study on south India, where the majority of the studied students considered cardiovascular and respiratory problems and only 4% considered malnutrition the major health effects of global warming.

The existing study exposed that, the majority of students stated sun energy and more than three-fifth of them mentioned wind energy as important sources of alternative energy. Sun and wind energy considered the main sources of clean energy, because it is environmental friendly energy sources and not producing greenhouse gases.

The current study result was consistence with (Nuryadin 2016), who conducted a study among Universitas Negeri Jakarta students, Indonesia. He reported that the vast majority of studied students said that global warming can be lessened by wind and sun energy.

In general, the present study confirmed that about half of the students had a poor score of knowledge. Also, about one third had fair, and near of one fifth had a good score of knowledge about global warming.

The current study results agree with (Rosidin & Suyatna 2017) who conducted a study on teachers and students knowledge about global warming: a study in smoke disaster area of Indonesia and based on the results of data analysis, their study concluded that the knowledge of teachers and students about global warming is very low. This results in agreement with the current study. In addition, the present study finding supported by (Chakraborty et al., 2015) in India, who cleared that the initial knowledge was particularly low.

The results of the existing study also disagree with (Freije et al., 2016) who study global warming awareness among the University of Bahrain science students and found excess than half of studied students offered correct answers as regards global warming.

(Ochieng & Koske 2013) who studied the level of climate change awareness and perception among primary school teachers in Kisumu municipality, Kenya, they reported that level of climate change awareness among primary school teachers is low (2.2%), medium (70.8%), high (27.0%), and it concluded that the level of climate change awareness among primary school teachers in Kisumu municipality is good. These results disagree with the findings of current study.

The current study appeared that the vast majority of the studied students had positive attitude toward global warming. However, this results in contrary to (Adio-Moses & Aladejana 2015), Nigeria who reported that only one-quarter of studied sample had positive attitude.

Faculty of Science students', their attitude is positive in relation to global warming in the current study; this is may be as a result of students study part about global warming in their curriculum. Also, the vast majority of fourth-year students have positive attitude and about one-quarter of fourth-year students have good knowledge this may be as a result of accumulated knowledge about global warming throughout academic years.

The current study concluded that; a significant difference between the academic year and students' knowledge & attitude scores concerning global warming. This is may be as a result of students gaining knowledge throughout the academic learning. This result was similar to Sah, et al., (2015) India, and Freij et al., (2016).

A significant difference in the contemporary study appears between the type of institution (faculty) and students' knowledge and attitude concerning global warming which can be attributed to the involvement of environmental related topics in practical colleges' curriculum.

The current study results in accordance with (Sharmila & Pillai 2012) India who reported a significant difference among art and science group students in respect to their knowledge regarding global warming. Also, (El-Nagar et al., 2017) Egypt, who found a significant difference between literary and scientific type of faculty in relation to items of perception and cues of action about global warming.

## Conclusion

The majority of studied students had a positive attitude toward global warming although; about half of them had poor knowledge toward this phenomenon.

## Recommendations

### The study recommended that

- Integrating environmental concepts into the university curriculum for all students irrespective of their academic specialization in order to increase their environmental awareness
- Periodic health education programs regarding global warming are needed to create awareness among the school and university students.
- Further researches in the field of global warming phenomenon.

- A guideline book should be disseminated to all university students to increase their awareness about global warming phenomenon.

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